

# Start the Conversation:

## How to Talk with Young People about Electronic Nicotine Devices, Vaping, and Other Challenging Topics



Being a trustable adult about topics like vaping can foster strong relationships that prevent unhealthy habits. This workshop provides skills needed to start and continue important conversations!

**ABOUT:** Becoming a trusted adult requires skill development and practice. At this workshop, participants will get both: learning the keys to being a trusted adult, and applying that approach. At the end of this workshop, participants will be able to use trusted adult principles to have conversations with youth about electronic nicotine devices, vaping, and other challenging topics.

### UPCOMING WORKSHOP – REGISTER TODAY!

Workshop will be hosted virtually – more information will be sent after you register. The upcoming workshop will be offered at the following time:

Wednesday, April 28, 2021; 6-8 pm MST

**[CLICK HERE TO REGISTER:](#)**

**<http://bit.ly/JeffcoSTC>**

### WHO SHOULD ATTEND:

Parents, guardians, caregivers, teachers, school staff, administrators, coaches, community-based leaders and staff, and youth-serving leaders. Young people are invited too, though the workshop is targeted towards adults.

### FOR MORE INFORMATION:

Contact Donna Viverette: [dviveret@jeffco.us](mailto:dviveret@jeffco.us)

Si está interesado en participar en un futuro taller en español, envíe un correo electrónico a [dviveret@jeffco.us](mailto:dviveret@jeffco.us)

### Trusted adults help prevent youth vaping:



Young people who have clear family rules are 39% less likely to vape.



Young people who can ask an adult for help are 22% less likely to vape.



Young people who can ask a parent for help are 31% less likely to vape.



73% of high school & 90% of middle school youth do not vape – keep it that way!

Colorado Department of Public Health & Environment.  
2017. Healthy Kids Colorado Survey, Tobacco.